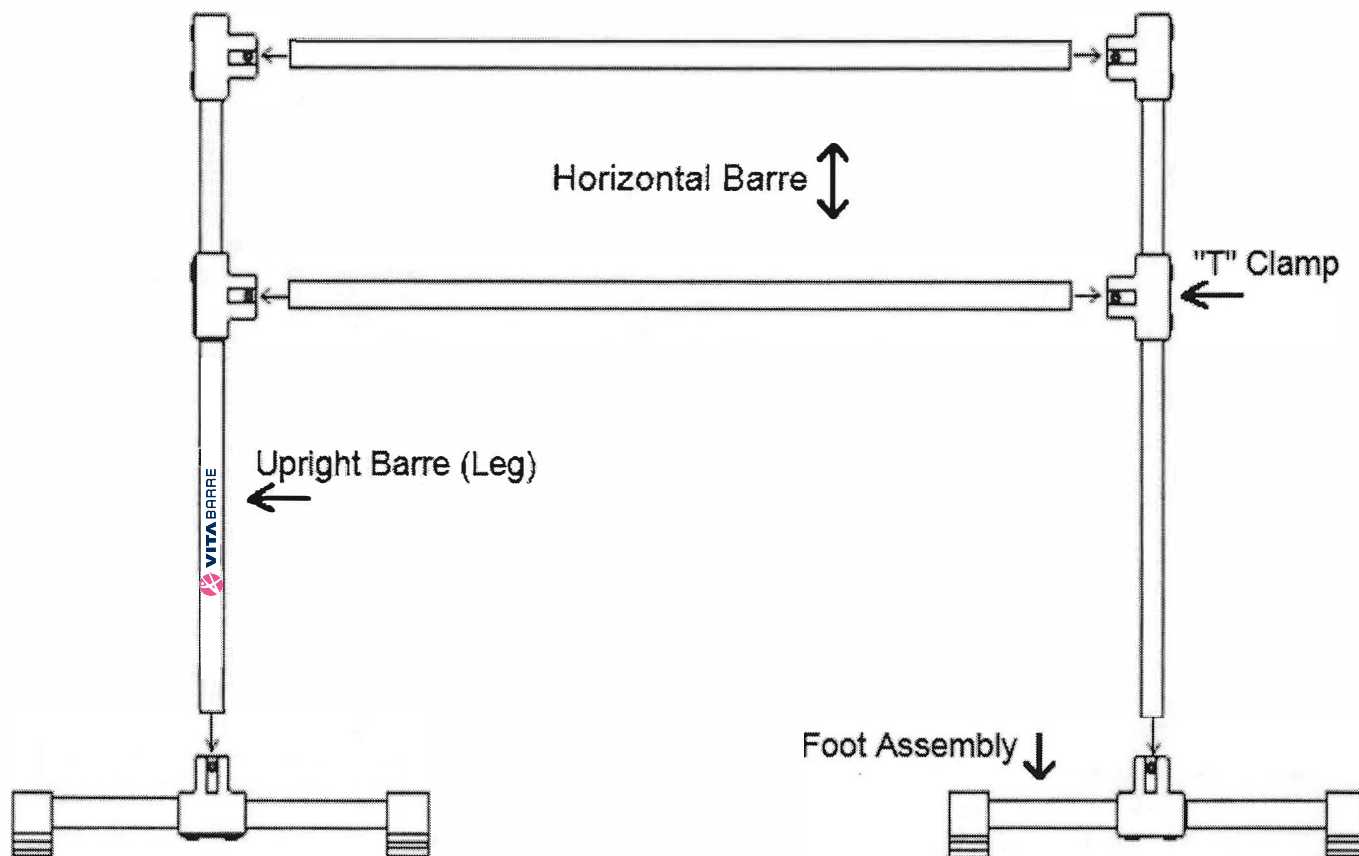




# VITA BARRE



## EXTREME Series

- 1) Insert the vertical bars fully into the feet assembly clamps and firmly tighten set screws with supplied tool making sure the upper barre clamps are 90 degrees of the foot assembly.
- 2) Insert the two horizontal bars into the clamps of ONE side of the vertical bars and firmly tighten the set screws with supplied tool.
- 3) Insert the two horizontal bars into the clamps on the other vertical bar and firmly tighten set screws with supplied tool. (This step may require the help of another person depending on the barre length)
- 4) Before each use make certain all set screws are securely tightened.

**DISCLAIMER:** As with any fitness or exercise equipment, use of this equipment should only be used by persons who are physically able to use the equipment as it is designed for. Proper safety gear such as padded mats, shoes, clothing and the like should always be used. This equipment should not be used alone. Always have someone nearby in case of an emergency. Vita, Inc. and it's affiliates will not be liable

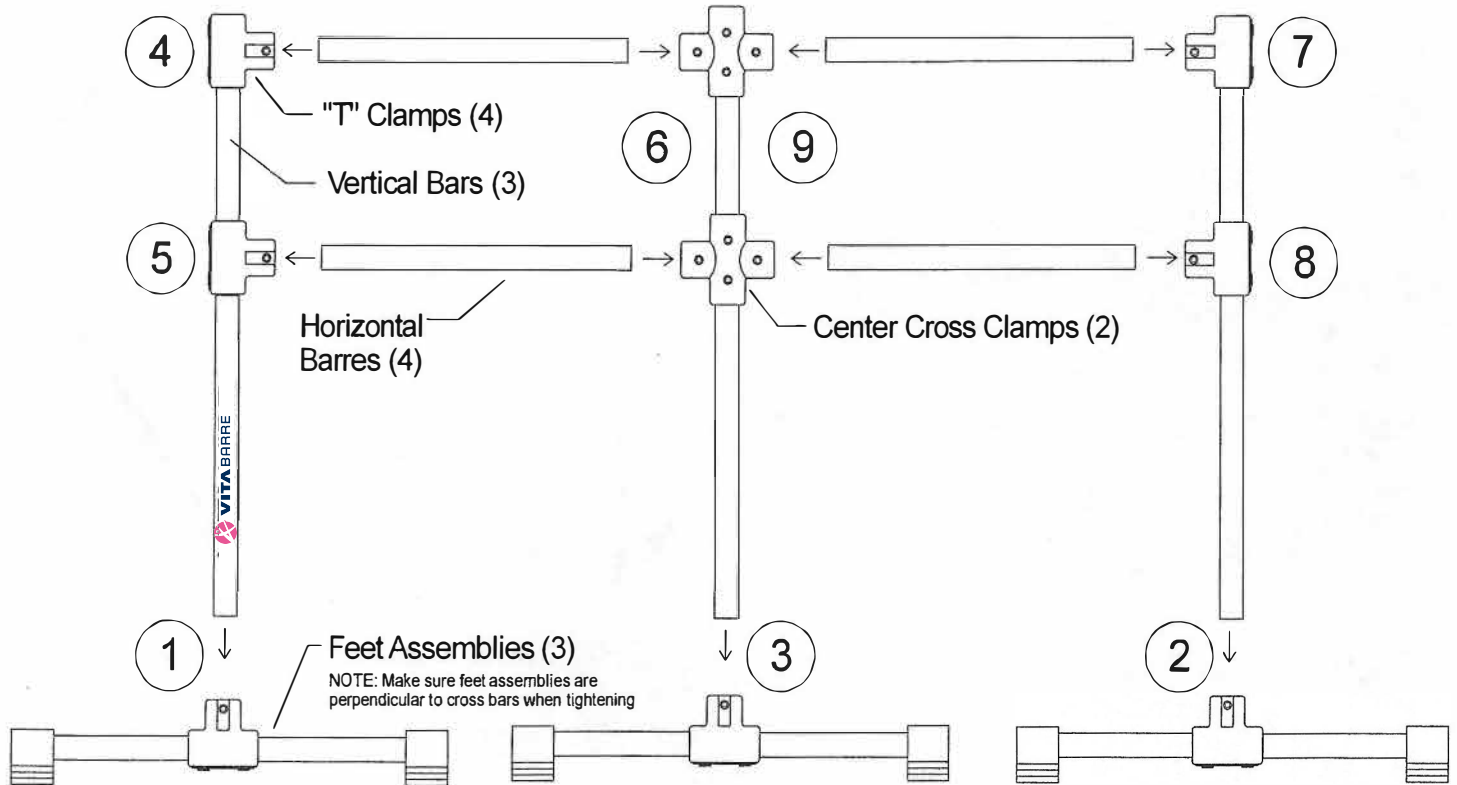
Please keep this instruction sheet for future reference. Should you need assistance with assembly or replacement parts contact us directly. Do not return to place of purchase



XB120+

# VITA BARRE

## Extreme Series Ballet Barre (10', 12', 14' & 16' models with center support leg) Assembly Instructions



Fully Insert bars into All clamps as shown and firmly tighten all set screws with the supplied hex wrench. For ease of assembly, follow the numbered steps as shown above. Depending on the barre length you may need the help of a second person.

Note: If your floor is not level you may need to adjust the center cross clamps up or down to compensate for this.

Before using make certain all set screws are firmly tight.

Periodically check set screws for tightness and tighten if necessary.

**DISCLAIMER:** As with any therapy or exercise equipment, use of this equipment should only be used by persons who are physically able to use the equipment as it is designed for. Proper safety gear such as padded mats, shoes, clothing and the like should always be used. This equipment should not be used alone. Always have someone nearby in case of an emergency. Vita, Inc. and it's affiliates will not be liable for any injury or death resulting from use of this equipment. User assumes responsibility for proper assembly, maintenance and use of this equipment.

Please keep this instruction sheet for future reference. Should you need assistance with assembly or replacement parts contact us directly. Do not return to place of purchase.