



# VITA BARRE

## Floor Mounted Adjustable Height Ballet Collared Ballet Barre / Fitness Barre Installation Instructions

Once you have determined where the floor stanchions will be located, it is best to use a chalk line or straight edge to insure a straight line to guide you.

The floor stanchions should be spaced no more than 12" in from each end of the barre with the balance of the stanchions evenly spaced but making sure that a stanchion / bracket falls on a barre joint and that the adjustable slide track is facing outward.

Anchor the floor stanchions to the floor using the proper anchor bolts (3/8" diameter recommended) four anchors per stanchion. All floor stanchions must be mounted in a straight line.

Note: Anchors for mounting the stanchions to the floor are not included as we have no information on the type of floor they will mount to. Your installing contractor should know which type of anchors to use.

Depending on the levelness of the floor, it may be necessary to "shim" the floor stanchions by placing flat washers between the floor and the stanchion base plate before final anchoring.

Once the floor stanchions are securely anchored to the floor, slide the barre brackets onto the barre first then attach the barre brackets to the stanchion by inserting the supplied spring nuts into the slide track of the stanchion. Two spring nuts required for each bracket. Flat side of spring nut should be facing outward within the slide track. Mount the barre bracket with the supplied 1/4-20X3/4" hex head bolts and flat washers. Adjust to your desired height. Once your desired height is set tighten all bracket bolts and snap on the supplied black bolt covers for a finished look.

Slide the barre left or right into it's final position and install the 3/4" long wood screws into the barre through the bottom of each bracket collar. If joining multiple lengths of barre, join these by inserting the end of the barre half way into the bracket collar and installing one of the supplied 3/4" screw per each side of the collar.

**DISCLAIMER:** As with any fitness or exercise equipment, use of this equipment should only be used by persons who are physically able to use the equipment as it is designed for. Proper safety gear such as padded mats, shoes, clothing and the like should always be used. This equipment should not be used alone. Always have someone nearby in case of an emergency. Vita Vibe, Inc. and it's affiliates will not be liable for any injury or death resulting from use of this equipment. User assumes responsibility for proper assembly, maintenance and use of this equipment.

